



ADVENTURE PACKAGE

START
YOUR DAY
ROCK
CLIMBING

ALL LEVELS
OF
CLIMBING

AL
HASANAT

Day 1 Rock Climbing

We will drive from Muscat for about an hour to an easily accessible place where Multi-routes are available. You can spend a full day enjoying Rock Climbing in Al Hajar Mountain, no matter whether you are a beginner or intermediate climber. Our Instructors will take you through different levels of climbing. Most of the routes are bolted, and we will provide all gear required for climbing. At the end of the day, we will head for a nice place in Wadi bani Awf.

BIMA
GUEST
HOUSE





Day 2 Canyoning Snake Gorge (Wadi bani Awf)

Located at Wadi bani Awf near a nice Village Balad Seet. It is not hard with necessary skills to do canyoning there. Our instructors are skillful to take you through the Gorge by abseiling, swimming and jumping into pools down the wadi. Participants are required to wear proper clothing and shoes, and we will provide necessary safety gear as required. At the end of the pleasant day, we will drive up towards Sharaf Al Alamayn at 2000m altitude.

ADVENTURE
PACKAGE

CANYONING
AND
ABSEILING

LOTS OF
FUN

SNAKE
GORGE

AL HootA
REST
HOUSE





ADVENTURE
PACKAGE

CAVING

EXPLORE
THE
HIDDEN
BEAUTY

AL HOOTA
CAVE

Day 3 Caving In Al Hoota Top Cave

Oman has many caves; most of them formed by dissolution of limestone, attracting adventures seekers for a thrill experience. We provide essential equipment like harnesses, helmets and headlamps. Participants should have proper shoes and clothing. The Cave is still not known and famous to public as the upper entrance of al Hoota cave. So it is encouraging for an adventure, occasionally it is not accessible in raining season. The floor of the cave is wet, muddy, and narrow in some places however; it is large and well ventilated due to the air passage through both entrances. Abseiling is required for the entry; the adventure will lead to water pools. At the end of the adventure day, you will spend the night in Al Misfah village.



TRADITIONAL
HOUSE IN AL
MISFAH



**ADVENTURE
PACKAGE**

**VIA
FERRATA**

**GEOLOGICAL
INSIGHT
AND MORE
ADVENTURE**

**ABANDONED
VILLAGE**

Day 4 Balcony Walk Grand canyon) and Via Ferrata

The trek to the abandoned village Sab Bani Khamis is never to be ignored if heading to Jabel Shams. The trek starts in Al Khateem at the Jabel Shams Plateau; the walk seems to be dangerous but is safe once you start hiking along the steep side of the Grand Canyon with spectacular views to Jabel Shams and into the canyon directly below. After the “Balcony Walk” to the abandoned village, the Via ferrata climbing route leads to the start of the lower part of the climb which is a medium to difficult 80m nearly vertical ascent. Following a short walking traverse, the easier upper climb leads out of the canyon via a wadi. The climb itself takes around 1 hour.

**JABEL
SHAMS
RESORT**





Day 5 Summit Treking in Jabel Shams (3000 M peak)

The trek starts from the plateau at 2000 Meters along the ridge of Grand Canyon, crossing a small wadi and continuing along the rim of the Saydran Gorge, until joining a wadi, which leads to the first col at 2,700m. There are very good views towards the other side at this point. From the col, the path turns South and mainly follows the crest of the ridge; the tour allows spectacular views into Wadi Nakhar, the 'Grand Canyon', Wadi as Sahtan and Wadi Bani Awf, as well as fantastic views of Jabal Khawr and Jabal Misht to the West. It will be a long day hiking.

**ADVENTURE
PACKAGE**

**COMPLEMENT
YOUR
ADVENTURE
AND
ACHIEVE
THIS
TREK**

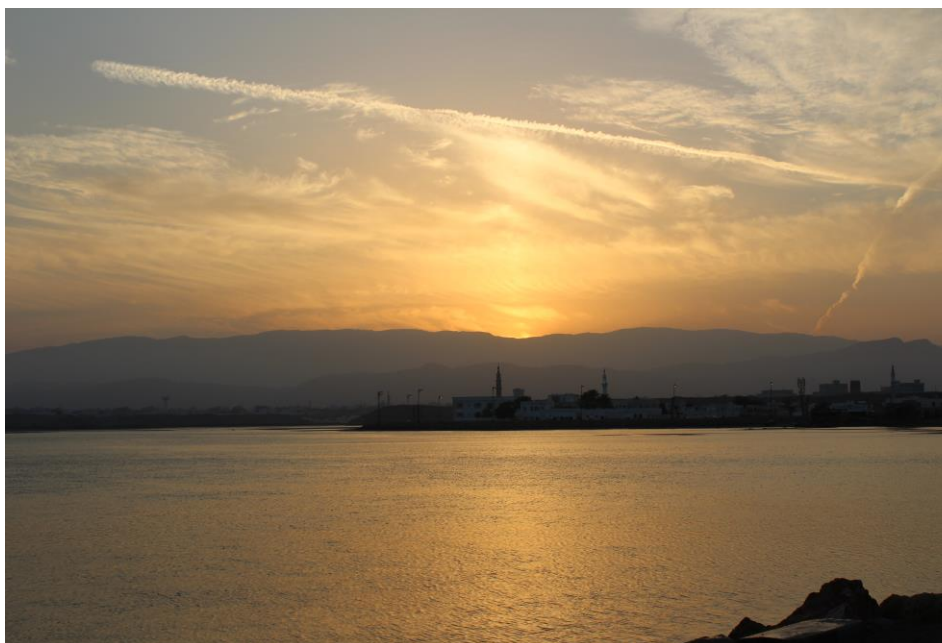
**YOU HAVE
DONE
IT!**

WELDONE

**JABEL
SHAMS**

**AL HAMRA
GUEST
HOUSE**





**ADVENTURE
PACKAGE**

**SURE YOU
WILL
COME
BACK**

**SAFE
JOURNEY**

**TALK
ABOUT US!**

Day 6 Departure Day

After Breakfast, we will go to Muscat for your departure Flight, or the Hotel.



**Departure
Day
Muscat**

Hotel booking from day 1 to day 5

Full board


Transport by 4 WD vehicles

Qualified instructors and guides

Safety gear

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Oman, Al Hamra