



Canyon Adventures and Tours Trekking package

Day 1: We will take you from your hotel in Muscat in the morning or from the airport and we will drive to Jabel Al Akhdar and start Trekking at Wadi Bani Habib village and spend one night camping at Jabel al Akhdar.



Day 2: we will be doing the trek from Wadi Ghul (Wadi Ghul village) 700 Meters above sea level to two abandoned villages and through the wadi back to the start. Then drive up to the plateau and from there we do another trek exploring the Grand Canyon (Balcony Walk). Spend one night at Jabel Shams resort.



Day 3: we will be doing an early start for the summit trek, starting from the plateau to Jabel Shams Peak at 3000 meters (10000 ft) and returning to the plateau before sunset. From there we will move to Al Misfah by car and you will spend one night in Misfah Old house.



Day 4: From Al Misfah trekking towards Birkat Al Sharaf- Water pool- (ancient trek used by locals long time ago). We will use donkeys to carry camping equipment, food and water. Overnight camping at Birkat Al Sharaf.



Day 5: Walk from Birkat Al Sharf to Balad Seet village with breath taking views to Al Hamra and Wadi Bani Awf village. You will cross to the other side of Al Hajar mountains in a moderate walk (a rope is not required). Overnight at Bima Guest house.



Day 6: We will drive to another nice wadi situated east of Jabel al Akhdar called Wadi Mistal. There we will be trekking from Wukan Village. Then drive back to Muscat to your hotel or airport.



Our service includes:

1 X English Speaking Guide all Days


Accommodation in Resorts and camping from day 1 until day 5

Full Board

Transport by 4WD

www.canyonadventurestours.com

info@canyonadventurestours.com

Phone  : +968 99412660



Oman, Al Hamra